

KA LEO O KALANI

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The not so possible Impossible-Whopper at McDonalds.

VOICES

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Kalani athletes sign to play in college.

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Activists protest climate change: Students rally behind Bill 40

INTERNATIONAL

KACIE HUANG Hawaii Youth Climate gathered about 1,500 activists and marched from the Governor's Mansion to City Hall on Sept. 20 from 4 p.m. to 6 p.m..

The strike is working to gradually phase out the use of plastics in efforts to create less waste and maintain Hawaii's beaches.

The Hawaii Youth Climate Strike is a student-run organization cooperating with nonprofits for change in environmental laws. The movement was started at Waipahu High School by Kawika Pegram (12) and it now has ambassadors at public and private schools around the island.

Wilson Tran (11) is the ambassador at Kalani High School. Tran contacted Pegram to fill out an ambassador form when he

learned of the organization.

"I wanted to get involved with climate awareness," Tran said.

In efforts to get Kalani involved in the strike, Tran reached out to clubs on campus including Leo, Key, HOSA, Japanese, Pacific and Asian Affairs Council (PAAC), National Honor Society (NHS), Photography, Art, Writing, Laulea, Interact, and Science Club.

When the Amazon was burning, people saw how little coverage the media had for environmental issues. Tran was inspired to spark change at Kalani.

"I do hope to reach out more," Tran said.

He continues to talk to clubs about being more eco-friendly and is working to create events for the environment like clean-



11-year-old Amanda Wilson speaks to a large crowd at the Hawaii Youth Climate strike on Sept. 20. Her family wants to stop climate change and has stopped using plastics in the home. Wilson and other student activists are fighting for Bill 40, which will ban single-use plastics state-wide. "The time to act is now," Wilson said. Photo and caption by Anela Rea 2019.

ups, marches, and strikes. The Hawaii Youth Climate

Strike has a Facebook page and urges students to support pro-environmental legislation.

FESTIVAL DRAWS CROWD

LOCAL

MINA KOHARA Winter Wishes, a Holiday Festival opened on Friday, Nov. 29 and will continue through Christmas Eve. Held at the Hawaii Convention Center, the event is presented by Matson, Y. Hata & Co., the Honolulu Star-Advertiser, and the Always Dream Foundation.

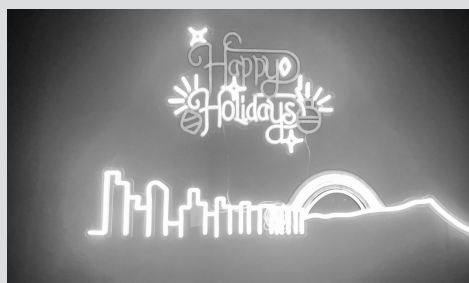
The Festival features an indoor ice skating rink, food stands, photos with Santa, a Christmas Tree forest, and daily centerstage events.

Storytelling, on centerstage Dec. 1, was hosted by Olympic ice skater Kristi Yamaguchi who read one of her three children's books to the audience. Other main events include Holiday Movie Night, Disco Skate Party, and Giving Tuesday. You can find all the events listed on the Hawaii Convention Center blog.

Lance Rae, an event announcer and coordinator, said that all proceeds benefit a variety of local non-profits,

including the Always Dream Foundation, founded by Kristi Yamaguchi.

"The Always Dream Foundation ensures children from low-income families have access to high-quality books," Rae said.



Winter Wishes is open Monday through Thursday from 4 p.m. to 10 p.m., Friday 4 p.m. to 10 p.m., and Saturday and Sunday 11 a.m. to 8 p.m. Prices range from \$11 for Children and Seniors to \$21 for the General public. Children ages 2 and under are free.

"I think it's a really great event and it seems like not a lot of people know about this event," Toma (9) said. "It's always fun to skate around with friends!"

HOSA AT HPD'S KAPUNA WELLNESS FAIR

LOCAL

LAUREN VIERRA: Kalani seniors Bailey Miyashiro and Kaylyn Hara of Future Health Professionals coordinated a booth at the Hawaii Police Department's Kupuna Wellness Fair on Dec. 5.

Eight HOSA students manned the booth, advising kupuna about good health and nutrition, and taking their blood pressure.

Kalani's HOSA has been attending the event for the past three years. This year they had pamphlets encouraging healthy living and a game wheel with a list of prizes including peppermint balls, fruit snacks, and homemade fans.

Miyashiro appreciated the opportunity to work with the elderly and those with higher health risks, and said it makes her reflect on her grandparents' health.

HOSA's mission is to ensure first- and second-year Health Academy students are confident in taking blood pressure and communicating with kupuna. The Kupuna Wellness Fair allows students to get real practice and experience.

ADVANCED PLACEMENT: WHAT YOU NEED TO KNOW

STUDENT LIFE

Kalani High School hosted an Advanced Placement informational meeting for freshmen, sophomores, and juniors on Wednesday, Nov. 20 during Advisory in the school's cafeteria. Advanced Placement courses enable high school students to earn college credits through college-level courses while in high school.

AP teachers presented advice and course information at the hour-long meeting and handed out Kalani's 2020-2021 AP Program Enrollment Contract. The contract outlines a registration fee of \$98 with fee waivers available for Free and Reduced Lunch Program members. It also says that students may not withdraw after May 28 and students must keep a certain grade otherwise they will be forced to attend remediation sessions.

Individuals must complete an Advanced Placement pretest in May 2020 if the AP teacher requires it. The assessment scores do not restrict freshmen and sophomore students from enrolling in *cont. p. 4*

IT'S BRUNO: A REVIEW

ENTERTAINMENT

Netflix's short film series *It's Bruno* is about a man named Malcolm who will do anything for his dog, Bruno (played by Bruno, the dog).

The show is set in Brooklyn, New York and Solvan "Slick" Naim (director, actor for Malcolm, and writer of the film) does a great job portraying the stereotypical angry New Yorker with his Brooklyn accent and angry scowl. Malcolm is often seen *cont. p. 3*

VOICES

AMERICAN
DEMOCRACY
IS DYING

VIRGIL LIN It won't be the culmination of war, external meddling, or even — as leftists and millennials have come to pitch — the current presidential administration. Rather, it takes form as a slow, wallowing decline that beckons the other effects of failed democracies to take root — and, disturbingly, it's been prescribed since the very inception of our country.

The Founding Fathers believed that factionalization would be the deciding factor in splitting the new democracy. Thus, the Constitution was written with safeguards against such factionalization, including the separation of powers and checks and balances.

As the nation trudged forward, however, rifts between opposing entities grew out of issues that challenged society's principles rather than breaking pre-established law. Look no further than the causes of the American Civil War; slavery wasn't illegal at the time, but the different views over the mere idea of slavery were sufficient to lead to war.

As such, factionalization leads to polarization along ideological lines. America's polarization is especially distressing in that American politicians — policymakers — have doubled their partisan viewpoints over a single decade.

What this indicates is an increased willingness to impede the other party from accomplishing anything rather than performing legislative duties and governance. Floundering gun control bills introduced to the House are but one result of the contest between the two parties.

Inevitably, increasing ideological polarization will not only garner political stagnation but also reverse public and political gains. For example, former President Barack Obama's national healthcare system is currently being undone by the staunchly right-wing Trump administration, and the latter has already pulled out of the Paris Climate Accord, the Iran Nuclear Deal, and the Intermediate-Range Nuclear Forces Treaty.

From the breakdown of governmental compromise stems other proven destabilizing factors, such as economic inequality, suppression of civil and minority rights, the degrading of personal freedoms, and the rise of strongman nationalists.

Keep in mind that it was also these factors that made the extremist ideas of Nazism and Fascism appeal to a significant population of Germans and Italians in the 1920s and 30s.

Indeed, disagreements are natural features of a democratic system. Nevertheless, the ability to compromise on the affairs of the country is absolutely necessary to maintain a functional democracy, regardless of how militarily, diplomatically, and economically powerful it is. No country is safe from civil unrest and, as continuing ideological polarization demonstrates, the United States is headed down this path.

The trend likely won't stop. Government shutdowns and Congressional gridlocks are the forebears for the breakdown of the democratic system altogether.

Therefore, if power is truly vested in the citizens of this country, we must ensure history doesn't repeat itself. The younger generations must educate themselves in current affairs; the extreme partisan mindset must be discarded in favor of the greater good, and participation in democracy must be emphasized. Votes must be cast for the causes that ensure America's unique democracy survives, or, surely, America's democracy is doomed.

EDITORIAL SNAPSHOTS

The not so possible Impossible Burger

On Aug. 8 Burger King announced it would be releasing an Impossible Whopper, supposedly a revolutionary vegetarian option meant to change the fast-food game. But after trying it, Burger King's newest so-called vegetarian option was underwhelming and felt like a hoax.

This new Whopper consists of lettuce, tomatoes, pickles, onions, and two very large sesame seed buns. For a burger whose star is the patty itself, Burger King sure does a lot to bury the novelty flavor of its newest item.

Disappointingly, the initial taste is bread — flavorless and plain. And when the patty itself stands alone, there is a complete lack of any significant flavor. Burger King's newest burger is simply a flavorless patty buried in the cosmetic illusions of whopper toppings. And this patty isn't even fully vegetarian!

"Burger King acknowledges that the Impossible patties are flame-grilled on the same broiler as its chicken and beef products," Lyn Mettler of the Today Show reported. "This means the meatless burger will likely come into contact with bits of meat and poultry as it cooks."

It's disappointing (but not surprising) to see a company that claims they are trying to appeal to a wider audience reveal that, in actuality, they are in it for a profit. The lack of honesty between large cor-

porations and their customers is truly saddening and for a company praising itself on their adaptations to the vegetarian community, you'd think they'd do it in a way that is ethical.

Most vegetarians would agree that supporting a company that produces so many meat products is not a wise choice when there are better options.

Burger King should make a burger that is completely vegetarian or be transparent about how they make their vegetarian options.

My journey to Burger King was filled with excitement but ultimately I was left unsatisfied.

Anela Rea

The student debt problem needs big solutions

We've all heard those "go to college!" and "the only way to get a good job is to get a degree" speeches. But standing in the way is the intimidating beast known as college tuition.

In 1990, the United States ranked first in the world for four-year degrees: today, we rank 12th due to access and affordability. We not only need to forgive student loan debt, we need to offer free higher public education.

In June 2018, the U.S. student debt rose to \$1.52 trillion and affects 44.2 million people. Statistics show the average time to pay off debts is 21 years, so ideas of buying a house, car, and having a family are thrown out the window

for college graduates.

"Millennials hit a perfect storm," said Susan Dynarski, a University of Michigan economist. "They borrowed to make their tuition payments. They left school only to hit a labor market of high unemployment and low earnings."

Opponents to free education argue that taxes, already high for the average family, would skyrocket.

But why are taxes so high? The answer: inflation, wasteful government spending, and taxes favoring the 2%. We pay for government mistakes, why can't they pay for our education?

In 2016, the total tuition and fee revenue for public institutions was \$79 billion, which is significantly less than the \$91 billion the federal government spent on financial support for students. Less loans means more money toward the \$79 billion price tag.

We need free tuition, but there should be conditions, like limiting it to public institutions and families with incomes below \$125,000.

Eliminate the staggering student debt, fight the college tuition beast, and better our society with an educated workforce. It is possible: we just need to make it a reality.

"College should be a right, not a privilege," Senator Bernie Sanders says. "We need a revolution in the way that the United States finds higher education."

Starr Asuncion

THERE'S AN APP FOR THAT BODY

LIAHNA SEDILLO In a world where "flawlessness" is praised, social media has become the face of modern society. Self-doubt and a lack of confidence are driven by "Facetuned" photos.

A 2013 UK survey done on behalf of *New Look* clothing revealed the power and influence of Photoshop. "15 percent of the 18- to 24- year-olds surveyed in a 2000 people poll, believed that the models who are used in mass communication accurately represent what the human body looks like." It additionally revealed that "over 650 of the participants were unconfident or extremely unconfident with their body."

Impressionable youth, even as young as 11-years-old, have suffered from physical harm because of impossible standards perpetuated in the media.

This horrifying behavior is encouraged through mass media, which bombards users with altered models and perceived perfection.

Christie Tcharkhoutian, a licensed family therapist in Los Angeles claims in an interview with SheKnows that "retouching images cultivates the subconscious fear that our imperfections are unacceptable and we can't lead fulfilling, happy lives if we're anything short of perfect."

Apps titled "Make me Thin" and "Perfect Me" are beyond disheartening to see and the internet is flooded with these disgusting editing labels. The first thing you see when you type into Google "Photoshop and Instagram" are tutorials. Yes, tutorials. In case you wanted a lesson on making you hate yourself, it's available in the blink of an eye.

Social media has made gaining admiration, fame, and praise from strangers the new norm. Who wouldn't want that? Mass adoration! Attention is compelling but it shouldn't be rewarded with a one-dimensional you.

In 2015, celebrity model, singer, and actress Zendaya posted a photo of herself taken during a photoshoot for a *Modeliste* Magazine. On Instagram, she revealed the original picture taken without alterations.

"Had a new shoot come out today and was shocked when I found my 19-year-old hips and torso quite manipulated," her caption read.

The root of the problem is influence. Celebrities, corporations, and big brands need to start glamorizing real, natural beauty.

Positive body movements have gained attention in the media industry fairly recently. Clothing brands including Aerie, ModCloth, ASOS, Old Navy, and Target are embracing models of truly every size, color, and look. Real human bodies are being praised and promoted.

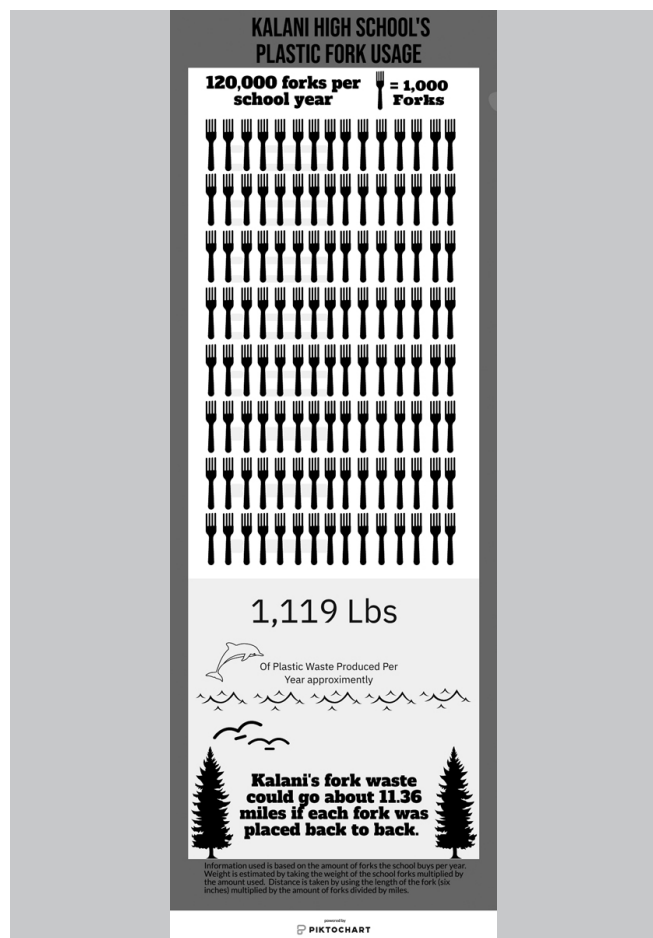
Movements like these should be globalized.

This world isn't meant to be perfected and altered. Social media and Photoshop can't simply disappear, but this dangerous phenomenon can be recognized and minimized. If campaigns like Heroes Pledge for Advertisers, Aerie Real, and the eight-point Body Peace Treaty are already being made by major brands like Aerie and Seventeen Magazine, any media ad, company, celebrity, and label can fight against "beauty" alterations.

FEATURES

A CLOSER LOOK AT BILL 40

Students from across the island showed up at Honolulu Hale on Nov. 14 to support Bill 40. They came with hundreds of signatures on a 60-foot-long 'Scroll.'



LUCY FAGAN On Thursday, Nov. 14 dozens showed up at Honolulu Hale both in support of and opposition to Bill 40, which passed the second-to-last hearing by a 3-2 vote. The bill proposes a phase-out of single-use plastic and polystyrene on Oahu.

The current wording of Bill 40 requires restaurants to only provide items like straws and plastic utensils upon request by July 1, 2020. The next phase of the legislation bans polystyrene, or styrofoam, by Jan. 1, 2021 and bans all single-use non-biodegradable plastics by Jan. 1, 2022, allowing establishments over two years to switch to eco-friendly solutions.

The initial language of the bill was criticized by people on both sides of the issue.

Ari Patz has worked since 2007 to lobby for and pass stricter environmental legislation and agrees the first stage of the bill was unclear.

"I think the original bill was written targeting a few different items and

then the bill was expanded on and I think the issue was the councilmen who were associated with it expanded on it thinking they were doing something feasible," Patz shared. "They just didn't understand the food industry as well as they could have."

Patz currently works to provide plastic and styrofoam alternatives for businesses through Sustainable Island Products.

Much of the opposition to Bill 40 came from small businesses and restaurant owners who believed the switch would cause unsustainable economic stress. The bill has since been amended and clarified into the current Bill 40, which has eased some of the tensions.

Kevin Yim, vice president of marketing and communications for Zippys Restaurants, stated that Zippys would support Bill 40 at this time as long as no other amendments are added at the final hearing on Dec. 4.

Over 15 students from across the island showed up at Honolulu Hale on

Nov. 14 to support Bill 40. The students gathered hundreds of signatures from classmates to create the over 60-foot-long document they refer to as "The Scroll" and presented it at the hearing. Wilson Tran, a Junior at Kalani High School and head of Kalani's Green Team believes the students' efforts were successful. "It was more than just that, and the poster exemplified this," he said. "It was a showing of powerful youth support and just how much influence people can have in large numbers. It was a check on our city officials for one thing, but in the bigger picture it was saying that we want a future." Photo by Lucy Fagan 2019.

Zippy's also supported the very first version of Bill 40 but not the "undemocratic" additions that took place without consideration for the industry. The local chain was one of the several businesses that attended the rally opposing Bill 40 on Nov. 5.

"Zippys has embraced the idea of being eco-friendly," Yim stated.

The company eliminated polystyrene bowls ten years ago and has been working continuously to find alternatives for other plastic items.

"It's going to take some time for us to find the right alternative," Yim

It was a showing of powerful youth support and just how much influence people can have in large numbers. It was a check on our city officials for one thing, but in the bigger picture it was saying that we want a future."

— Wilson Tran (11)

explained. "Not every piece of environmental product is perfect."

Yim highlighted how a lot of biodegradable alternatives will not be efficient because Hawaii does not

have the needed composting facilities to support the decomposition of eco-friendly goods.

"The industry wants to be a part of the solution and wants a seat at the table," Yim said. "We are not the enemy."

Fears have been diminished by clearer language protecting items like shelf-stable foods. Businesses can also file for exemptions if they prove "undue hardship" will result from Bill 40, according to the language of Bill 40 CD-1.

Schools would not be affected directly, according to Joey Manahan, the councilman who introduced the bill, but they could see an effect down the line from distributors. Healthcare facilities such as hospitals would not be impacted due to medical concerns. Mainland companies would also not be affected due to the city and county's lack of jurisdiction on interstate commerce.

Another fear among business owners is the cost of biodegradable goods, but Patz and other proponents of Bill 40 explain that phasing out plastic will save businesses money on throw-away items.

"It will also encourage a social change to bring your own or use your own instead of relying on that disposable fork, knife, or spoon," Patz stated.

ENTERTAINMENT

CALL OF DUTY: A REVIEW

COD's Return to Greatness

Many people are ecstatic about Call of Duty's newest release, Call of Duty: Modern Warfare (COD:MW), and for good reason. It's a remastered version of the original Call of Duty 4: Modern Warfare, bringing back all of the good features of the old COD games, while adding a few new features to spice things up. COD:MW shows that Treyarch (the developers of COD) are finally realizing their mistake with some of the recent games that went too far into the future. Thankfully, Treyarch is going back to timeless classics and trying to restore the old glory COD games once had.

COD:MW has generally balanced gameplay, with no outstandingly overpowered weapons and little-to-no bugs. The only guns that come close to being overpowered are the Desert Eagle, a high-powered semi-automatic pistol with 7 rounds in each magazine, and the AX50. Both weapons are high-risk, high-reward, having a considerable amount of recoil and a decently slow fire-rate, allowing the weapons to be balanced and only good in the hands of someone who knows how to use them.

It's always nice to see game developers return to their roots, especially in the case of Treyarch. With games like COD: Advanced Warfare and COD: Infinite Warfare overstepping the boundary of time, taking the games too far into the future and becoming almost unrecognizable as a COD game. COD:MW has many things that bring it back to the once flourishing COD franchise, with many of the old favorites in characters and weapons, such as Captain John Price, a character highly regarded and loved by many in the COD franchise.

Among all of the old features, COD:MW has some great new features as well. One of these being the incredibly rare and sought-for feature known as cross-platform. Very few games support it today, and it's a great thing that a game as good as COD:MW just so happens to have it. Cross-platform is a feature in which gamers on all platforms can play together. For example, people playing on Xbox can play with gamers on PlayStation consoles, or people on a PC can play with people on consoles. Cross-platform is a great feature because it helps people who have friends on other platforms come together and finally be able to play some games with those friends on another gaming platform.

Daniel Melvin

IT'S BRUNO *cont. p. 1* protecting his dog by doing ridiculous things like pushing people in Bruno's way off the sidewalk, to even going as far as beating his enemies up with a wooden stick.

The set of the show is very believable, probably due to the fact that it was actually shot in Bushwick. The show paints a very raw and authentic picture of what life is like in Bushwick with characters like "Crack-Head Carl" (Donnell Rawlings) who sells stolen items out of his shopping cart and even dog stealing kids.

The dog, Bruno, actually belongs to Naim in real life so their relationship feels very natural and genuine throughout the episodes.

The comedy is easy to understand and based on Malcolm's attitude toward anyone who crosses paths with him or his dog. This does not at all mean that the show isn't funny, because it is. Its light-hearted and outlandish comedy has a certain appeal to it that you'd have to watch the show to understand.

Critics agree because the show is one of only six Netflix originals with a 100% critic score on Rotten Tomatoes.

There is only one season out at the time of this article. Naim is currently working on his modern take of Romeo and Juliet but the second season of *It's Bruno* is expected to come out sometime next year.

Cooper Rea

SPORTS

Athletes sign



Left: Paulina Ruelas (12) signs a national letter of intent for the University of Sioux Falls with Principal Mitchell Otani, her father, Victoria Ruelas, and Andrew Higa. Above: Paulina Ruelas (left) and Maya Hamaoka (right) display their choices.

On Tuesday, Nov. 26 two Kalani female athletes signed their intentions to play for mainland colleges. Senior Paulina Ruelas will attend the University of Sioux Falls in South Dakota next year and Maya Hamaoka signed for Westminster College in Utah.

The University of Sioux Falls contacted Ruelas through her Next College Student Athlete (NCSA) profile. She has been swimming since she was seven and was accepted into the college's division II team, ranked 11th in the nation. Ruelas will attend the school on a partial scholarship.

"I'm excited to have a chance to con-

tinue my athletic and academic career at Sioux Falls," Ruelas shared.

Hamaoka was accepted into Westminster College in Utah for volleyball and plans to study nursing. She was in communication with the school throughout her junior year. Scouts from the college watched her play in Las Vegas last February and offered her a spot on the team in April 2019. Hamaoka will be attending Westminster on a full merit- and athletic-based scholarship.

Hamaoka said she is excited but also nervous to leave everything she knows behind and travel to the mainland. She looks forward to the personalized education that she

will receive at the small liberal arts school.

"I thought that was important for my learning because I learn better in small environments," she explained.

Kalani High School counselors said they are excited to see their female athletes get signed by prestigious mainland schools.

"The stereotype for Kalani kids is that we're not that athletic," college and career counselor Lisa Hayashi explained. "It's nice to highlight and celebrate those who are going to be able to play at the next level."

Lucy Fagan

Boys' XC takes 3rd at States; Girls finish 11th.



Top row: Koki Yamaguchi (11), Alex Lau (11), Raudo Inomata (10), Matt Frisbie (10), Noah Kahanu (12), Kaulana Suzuki (11), and Dristen Canaday (10). Bottom row: Kela Seavey (10), Rochelle Jokura (12), Paige Basilio (12), Jade Brier (11), Alana Nakafuji (11) and Rina Ogino (11).

KA LEO STAFF Kalani Boys' Cross Country team took the OIA title for the 3rd year in a row and finished 3rd overall at the State Championship meet at Seabury Hall on Maui on Saturday, Nov. 2. The Girls' team finished 11th overall at the State meet, a one-spot leap from last year's championship.



The 2019 OIA Boys Varsity Championship team from Kalani.

At the State meet, the Boys team competed without OIA top finisher Micah Kimura (12) and took

3rd behind Punahou (1st) and Maui High School (2nd).

Boys' Varsity coach Matt Sanders said it was the highest finish by an OIA team at States since 2011.

Kaulana Suzuki (11) fought to a 15th place finish at States in a tough field of 198 competitors.

Suzuki was on Kalani's 4th place State varsity team last year as a sophomore where he finished 35th overall. He returned this year one of the strongest runners on the team and took 9th at OIA Champs. Despite that, he was surprised by how well he did at States.

"I wasn't expecting that outcome," he explained. "I expected top 25."

Many runners underperform at Championship meets, overwhelmed by the number of runners. Suzuki, a veteran competitor, was prepared

and used strategy to help him place in the top 20.

"When I was in the pack, it was a lot easier," he explained. "You're able to watch your surroundings so it's easier to make moves."

Girls Advance

The Kalani Girls' team finished 7th at the OIA Championships and qualified all runners for States, including an alternate. At States, the Girls' team finished 11th, one spot up from last year's 12th place finish.

Paige Basilio, a senior captain for the Girls' team, finished 6th at OIAs and ran at the State Championships despite a stress fracture in her left shin.

"One of the best memories was being able to see everyone's hard work in practice translate into a great season," Basilio said.

Two medal at States for Air Riflery



Top Row: Virgil Lin, Kainoa Santos, Christopher Kop, Sara Jessica Toma, Austin Lao, Viveka Lin, Danielle Sales, Mana Iketani, Abigayle Vendiola. **Middle Row:** Noah Hancock, Kayla Lim-Tam, Jay Suh. **Bottom Row:** Rainer Tanaka, Brycen Yamaguchi, Katheren Lam, Audrey Li, Kateira Rivad, Thomas Hering, Ana Doplihar.

The 2019 Civilian Marksmanship Program Air Riflery State Championships were held Thursday, Oct. 29 at the Blaisdell Exhibition Hall, with two students from Kalani High School placing in the top 10. Sara Toma (12) placed 2nd in the Girls division and Rainer Tanaka (11) placed 7th.

"Air Rifle is fun," Toma said. "Our team was really good this year, and I'm very proud of everyone. The best part was hanging out with the team because it's important to get to know each other, and that allows us to better help each other."

The Kalani Girls' team placed 4th overall and included, in addition to Toma, Katheren Lam in 22nd place, Danielle Sales in 27th, and Audrey Li in 42nd.

Shooters on the Kalani team say three position air rifle is a precise sport. A match grade target paper has twelve 4.5 centimeter-wide black targets. Ten rings, each just 5.6 millimeters wide, are jammed into each black target, which marksmen aim at from 10 meters away.

Kalani juniors Christopher Kop placed 12th and Brycen Yamaguchi finished 18th.

"I am so proud of this year's team and their spirit, adaptability, and tenacity to achieve their individual and team goals," coach Amy Mar said. "Every shooter worked extremely hard throughout the season, and it was shown through many scores improving exponentially."

Virgil Lin

AP cont. from p. 1

AP. However, junior students must meet the pretest's standards to enroll in Advanced Placement courses as seniors, according to Mrs. Hayashi at the College and Career Center.

"I believe AP courses are worth it if you are willing to put in a bit of extra time to study for them," Lee states.

Regina Lee (11) took AP Seminar her sophomore year and is currently taking AP Research, AP Computer Science, AP Language, and AP Psychology. She believes AP courses are valuable because taking accelerated courses "shows rigor" on her high school transcript.

AP Biology teacher Mr. Okawa advises students to research their potential Advanced Placement course and seek feedback from parents, counselors, and students who have or are experiencing AP's rigor.

Kalani students should check their Gmail for important announcements from the College and Career Center.

Saara Nicole Chadwick